

Community Health Priorities • Call to Action Survey Results

Purpose of the Survey

- (1) To help residents/respondents think about actions that they could take to improve our community's health,
- (2) To help community leaders focus resources, and
- (3) To share new ideas about improving health.

Access to Health Care

- 89% (1139/1280) of respondents showed concern.
- 46% (588/1280) of respondents said they would like to *"Learn more about low-cost community health clinics."*
- 34% (440/1280) said they would like to *"Participate in training to learn how to use health insurance benefits more effectively."*
- Respondent suggestion: *"Build a wellness program within my organization."*

Obesity & Diabetes

- 88% (931/1060) of respondents showed concern.
- 70% (740/1060) said they would *"Make sure to I get at least 30 minute of physical activity each day."*
- 68% (717/1060) also said they would *"Eat five servings of fruits/vegetables per day."*
- Respondent suggestion: *"Encourage my friends to join me in physical activity."*

Mental Health

- 84% (793/956) of respondents showed concern.
- 75% (713/956) said they could *"Choose ways to relieve stress, such as breathing exercises or taking a brief exercise break."*
- 71% (676/956) said they would *"Manage my stress and be a positive influence to others in my daily life."*
- Respondent suggestion: *"Encourage my faith community to have workshops on mental health."*

Oral Health

- 84% (790/941) of respondents showed concern.
- 75% (707/941) said they would *"Visit the dentist twice a year for check-ups and cleanings."*
- 74% (699/941) also said they would *"Brush my teeth at least twice a day and floss my teeth at least once a day."*
- Respondent suggestion: *"Promote fluoridation."*



VISIONEERING
WICHITA

Creating the future for our regional community



Sedwick County...
working for you

• Sedwick County Health Department •

Demographics and Social Media

- Total of 901 completed and 1459 partially completed surveys.
- Age Range (N = 917): <18 years (N = 31) to >85 years (N = 1), with 42% between 45-64 years.
- *Limiting factor:* 77% of respondents were women, 34% of which were between 45-64 years old, well educated (35%), & White (75%)
- 68% (638/934) reported using Social Media, and among them, 97% (620) used Facebook compared to 13% (88/638) using Twitter.
- 41% (426/1039) of respondents stated that they would share their *"healthy behaviors with others via email or other social media."*